

Sports Massage at the DALMAC

Annual Dick Allen Lansing to Mackinaw Bicycle Tour

Creative Wellness
25th
Anniversary
At Dalmac

DALMAC RIDERS

Want to speed recovery?

Feel Invigorated?

Reduce stiffness and muscle aches?

In other words, do you want to get up and do it all over again tomorrow?

Creative Wellness is celebrating 25 years providing massage for DALMAC and is scheduling a limited number of sports massage therapy appointments for DALMAC riders. With 2,000 riders expected to participate in DALMAC, appointments will be at a premium.

Appointments will be available at each campsite along the route and can be scheduled in advance by calling Creative Wellness at 517-351-9240 until the Tuesday preceding the start of the DALMAC to ensure your ideal time.

DALMAC RATES: 1/4 hr for \$25 and 1/2 hr for \$50
We accept Visa, Master Card, Cash or Check

Providing massage for DALMAC since 1991

**CREATIVE
WELLNESS**

2045 Asher Court | East Lansing, MI 48823